

# OVERVIEW OF NEW AGE



## **KEY PERSON, DATE, LOCATION**

BASED ON EASTERN MYSTICISM, HINDUISM, AND PAGANISM

POPULARIZED IN PART BY ACTRESS SHIRLEY MACLAINE IN THE 1980S AND 1990S

## **KEY WRITINGS**

NO HOLY BOOK, USE SELECTED BIBLE PASSAGES; I CHING; HINDU, BUDDHIST, AND TAOIST WRITINGS; AND NATIVE AMERICAN BELIEFS | WRITINGS ON ASTROLOGY, MYSTICISM, AND MAGIC

## **WHO IS GOD?**

EVERYTHING AND EVERYONE IS GOD

GOD IS AN IMPERSONAL FORCE OR PRINCIPLE, NOT A PERSON

PEOPLE HAVE UNLIMITED INNER POWER AND NEED TO DISCOVER IT

## **WHO IS JESUS?**

JESUS IS NOT THE ONE TRUE GOD

HE IS NOT A SAVIOR, BUT A SPIRITUAL MODEL AND GURU, AND IS NOW AN "ASCENDED MASTER"

HE WAS A NEW AGER WHO TAPPED INTO DIVINE POWER IN THE SAME WAY THAT ANYONE CAN

MANY BELIEVE HE WENT TO EAST INDIA OR TIBET AND LEARNED MYSTICAL TRUTHS

HE DID NOT RISE PHYSICALLY FROM THE DEAD, BUT "ROSE" INTO A HIGHER SPIRITUAL REALM

## **WHO IS THE HOLY SPIRIT?**

SOMETIMES CONSIDERED A PSYCHIC FORCE

MAN IS DIVINE AND CAN EXPERIENCE PSYCHIC PHENOMENA SUCH AS CONTACTING UNEARTHLY BEINGS

## **HOW TO BE SAVED**

NEED TO OFFSET BAD KARMA WITH GOOD KARMA

CAN TAP INTO SUPERNATURAL POWER THROUGH MEDITATION, SELF-AWARENESS, AND “SPIRIT GUIDES”

FOLLOWERS USE TERMS SUCH AS “REBORN” TO DESCRIBE THE NEW SELF-AWARENESS

## **WHAT HAPPENS AFTER DEATH?**

HUMAN REINCARNATION OCCURS UNTIL A PERSON REACHES ONENESS WITH GOD  
NO ETERNAL LIFE AS A RESURRECTED PERSON | NO LITERAL HEAVEN OR HELL

## **OTHER FACTS, BELIEFS, OR PRACTICES**

BELIEFS VARY | CAN INCLUDE YOGA, MEDITATION, VISUALIZATION, ASTROLOGY, CHANNELING, HYPNOSIS, TRANCES, AND TAROT CARD READINGS

USE OF CRYSTALS TO GET IN HARMONY WITH GOD (ENERGY), FOR PSYCHIC HEALING, FOR CONTACT WITH SPIRITS, AND FOR DEVELOPING HIGHER CONSCIOUSNESS OR OTHER PSYCHIC POWERS

STRIVE FOR WORLD UNITY AND PEACE

EMPHASIS ON HOLISTIC HEALTH